

SUNDAY

- 7:00 am: **Sunrise Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 9:30 am: **Language of the Heart:** (OPEN) Antenna Club, 401 N. 7th St. Upstairs
- 10:00 am: **Women Carrying the Message:** (Z only: 749 716 257 PC-WCTM) Together We Got This.
- 12:00 pm: **Red River Group:** (C) Antenna Club, 401 N. 7th St. Downstairs
- 3:00 pm: **Way of Life Group:** (C) Augustana Lutheran Church, 520 University Ave. Last Sunday of the month: Open Birthday Meeting
- 5:30 pm: **Red River Group-Happy Joyous & Free:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 7:00 pm: **First Things First Group:** (C,BB,H,Z) OPEN last Sunday of the month. Calvary Lutheran Church, 1405 S 9th Street (Enter via door #4, the south door).
- 7:00 pm: **Park River AA:** Lorac Hall, 3 St. E., Park River, ND

MONDAY

- 6:30 am: **Sunrise Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 12:00 pm: **Noonday Serenity Group:** (C,H) Sharon Lutheran Church, 1720 S. 20th St.
- 12:00 pm: **Red River Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 5:30 pm: **Red River Group-Happy Joyous & Free:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 7:00 pm: **Crookston Area Group:** (C) Care & Share Center, 220 E. 3rd St., Crookston, MN
- 7:00 pm: **Grafton AA:** (C,H) fourth Monday of each month is an open cake and pin meeting. 807 Hill Ave., Grafton, ND

- 7:00 pm: **Manvel Group of AA:** (C) OPEN last Monday of the month. Trinity Lutheran Church, 1000 Oldham Ave., Manvel, ND
- 8:00 pm: **Action Group:** (C) Antenna Club, 401 N. 7th St. Upstairs
- 8:00 pm: **Unity Group:** (C,H,Z) Step meeting First Monday of each month. Sharon Lutheran Church, 1720 S. 20th St.

TUESDAY

- 6:30 am: **Sunrise Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 12:00 pm: **Red River Group:** (C) Antenna Club, 401 N. 7th St. Downstairs
- 5:30 pm: **Red River Group-Happy Joyous & Free:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 7:00 pm: **First Things First Group:** (Discussion, C,H,Z) Calvary Lutheran Church, 1405 S 9th Street (Enter via door #4, the south door).
- 7:00 pm: **Moment By Moment Group:** (C) Saint Paul's Lutheran Church, 1214 University Ave., Crookston, MN
- 7:00 pm: **Tuesday Nite Group:** (C,Z) OPEN meeting 4th Tuesday of every month for medallions and periods of sobriety. Calvary Community Church, 1917 S. Washington St.
- 8:00 pm: **Cavalier AA:** (H) Pembina Co. Memorial Hospital, 301 Mountain St. E. (1st floor visitor's entrance), Cavalier, ND
- 8:00 pm: **Primary Purpose Group:** (C,H,Z) OPEN last Tuesday of the month. Sharon Lutheran Church, 1720 S. 20th St.
- 8:00 pm: **Way of Life Group:** (C) Augustana Lutheran Church, 520 University Ave. All meetings are downstairs

WEDNESDAY

- 6:30 am: **Sunrise Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 12:00 pm: **Noonday Serenity Group:** (C,H) Sharon Lutheran Church, 1720 S. 20th St.
- 12:00 pm: **Red River Group:** (C) Antenna Club, 401 N. 7th St. Downstairs
- 5:30 pm: **Red River Group-Happy Joyous & Free:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 7:00 pm: **Arvilla Northern Lights Group:** (C, H) Birthdays recognized at every meeting. Arvilla Community Center, 311 Hughes Ave. Arvilla, ND
- 8:00 pm: **Park River AA:** "Steps and Traditions" meeting. Lorac Hall, 3 St. E., Park River, ND

THURSDAY

- 6:30 am: **Sunrise Group:** (OPEN) Antenna Club, 401 N. 7th St. Downstairs
- 12:00 pm: **Grafton AA:** (C,H) 807 Hill Ave., Grafton, ND
- 12:00 pm: **Red River Group:** (C) Antenna Club, 401 N. 7th St. Downstairs
- 5:30 pm: **Red River Group-Happy, Joyous & Free:** (O) Antenna Club, 401 N. 7th St. Downstairs
- 7:00 pm: **First Things First Group:** (Newcomers meeting, OPEN,H,Z) Calvary Lutheran Church, 1405 S 9th Street (Enter via door #4, the south door).
- 7:00 pm: **Mayville Group:** (C) Sanford Hospital, 42 6th Ave. SE, Mayville, ND
- 8:00 pm: **Unity Group:** (C,H,Z) OPEN last Thursday of the month. Sharon Lutheran Church, 1720 S. 20th St.

FRIDAY

6:30 am: **Sunrise Group:** (OPEN) Antenna Club,
401 N. 7th St. Downstairs
12:00 pm: **Noonday Serenity Group:** (C,H)
Sharon Lutheran Church, 1720 S. 20th St.
12:00 pm: **Red River Group:** (C) Antenna Club,
401 N. 7th St. Downstairs
5:30 pm: **Red River Group:** (C,BB) Antenna
Club, 401 N. 7th St.
8:00 pm: **Park River AA:** (OPEN birthday meet-
ing last Fri of month) Lorac Hall, 3 St. E.,
Park River, ND
8:00 pm: **Red River Group:** (OPEN) Antenna
Club, 401 N. 7th St.

SATURDAY

7:00 am: **Sunrise Group:** (OPEN) Antenna Club,
401 N. 7th St. Downstairs
9:00 am: **Women Carrying the Message:**
(C,Z,H) Zoom: 749 716 257 PC-WCTM
OPEN birthday (brunch before) last
Saturday of the month. Sharon Lutheran
Church, 1720 S. 20th St.
9:30 am: **Action Group-Early Bird Meeting:** (C)
Antenna Club, 401 N. 7th St. Upstairs
10:00 am: **Grafton AA:** (C,H) 807 Hill Ave.,
Grafton, ND
12:00 pm: **Red River Group:** (C) Antenna Club,
401 N. 7th St. Downstairs
5:30 pm: **Red River Group-Happy Joyous &
Free:** (OPEN) Antenna Club, 401 N. 7th St.
Downstairs
8:00 pm: **Unity Group:** (H,Z) OPEN Sharon
Lutheran Church, 1720 S. 20th St.

Grand Forks Zoom AA Meetings

Day	Time	Group	Meeting ID	Password
Mon	8:00 pm	Unity	227-627-0440	58201
Tue	7:00 pm	First Things First	772-065-7690	
Tue	8:00 pm	Primary Purpose	934-7930-2332	BillBob
Thur	7:00 pm	First Things First	772-065-7690	
Thur	8:00 pm	Unity	227-627-0440	58201
Fri	11:00 pm	Moonlight Mtg	628-795-9814	58201
Sat	9:00 am	Women Carrying the Message	749-716-257	WCTM
Sat	8:00 pm	Unity Group Speaker Mtg	227-627-0440	58201
Sun	10:00 am	"Together we got this" WCTM	749-716-257	WCTM
Sun	7:00 pm	First Things First	772-065-7690	
Last Thursday of the Month:				
	8:00 pm	Unity Birthday Mtg	227-627-0440	58201

Notes:

Alcoholics Anonymous AA Meeting Schedule District 13 Grand Forks, ND And Surrounding Area

Updated June 2026

**AA Answering Service
701-330-4339**

**www.grandforksaa.org
www.aanorthdakota.org**

Closed Meetings of Alcoholics

Anonymous are open to anyone with a
desire to stop drinking.

Open Meetings are open to all
interested.

Abbreviations for meetings are as
follows:

- (BB)—Big Book Meeting
- (12)—12 Steps/12 Traditions
- (C)—Closed meeting—not open to
the public
- (OPEN)—Meeting is open to public
- (H)—Disabled Accessible
- (Z)—Zoom Meeting Available
- All meetings are non-smoking

Responsibility Statement

I am responsible. When anyone,
anywhere, reaches out for help, I want
the hand of A.A. always to be there and
for that; I am responsible.